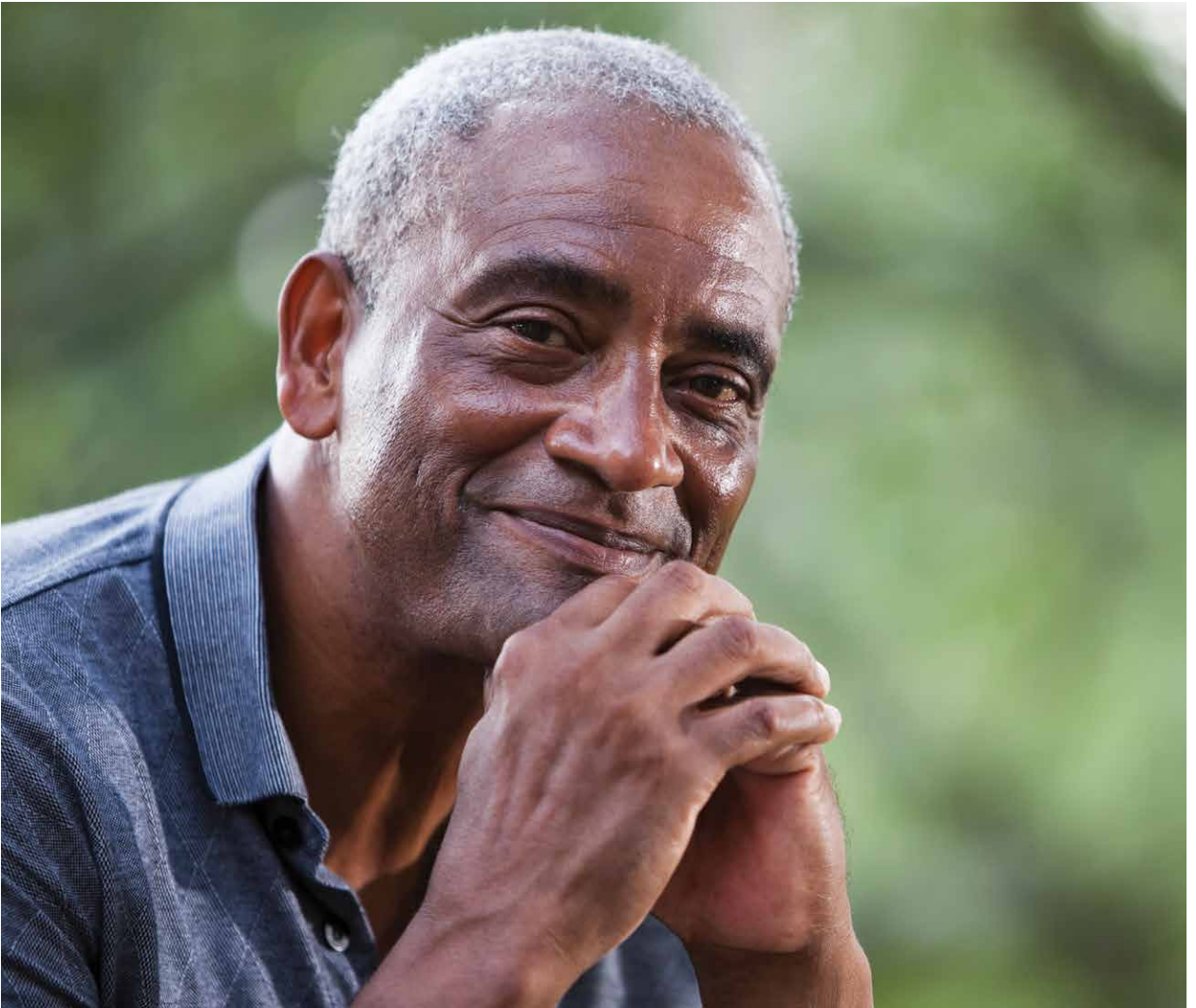




**Function &
Pain Program**
Sinai Health System

Treatment Programs for Veterans with Chronic Pain & PTSD





About Us

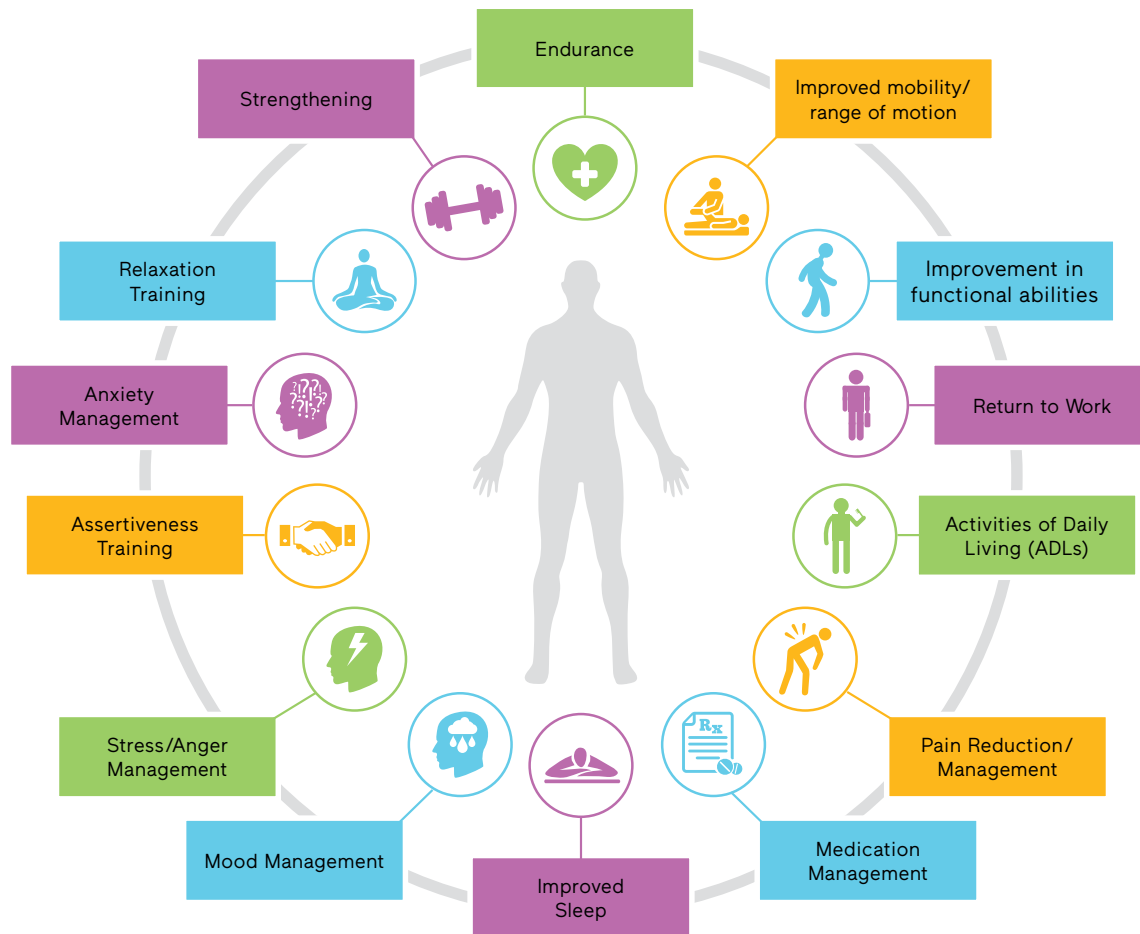
The Function and Pain Program (FPP) successfully treats and rehabilitates Veterans with complex chronic pain issues. This includes Veterans suffering from depression, PTSD, chronic pain and substance abuse.

The FPP uses a comprehensive approach which integrates both the physical and psychological components of chronic pain to assist patients in learning to address and effectively manage the multifactorial nature of their symptoms.



Program Goals

The FPP offers personalized treatment plans for Veterans across the multifaceted pain spectrum, uniquely addressing their various and complex needs and assisting them to meet their individual goals.



Program Commitment and Length

Based on the Veteran's needs and preference, the program will typically last between 30–40 days, and occurs 3–5 days per week.



Assessment Process

All referred Veterans undergo a comprehensive assessment.

The assessment is interdisciplinary in nature and designed to address complex disability issues. This assessment is required for participation in the FPP and provides all relevant diagnose(s) and individualized treatment recommendations.

If a Veteran is not a suitable candidate for the FPP, the assessment team will consider other options such as a modified program or single discipline treatment.



Inclusion Criteria

- Has a complex mixture of chronic pain with emotional factors, e.g. PTSD
- Has a level of functioning sufficient to attend an outpatient program
- Is found to be suitable for the program following an interdisciplinary assessment



Interdisciplinary Team Members

The Function and Pain Program integrates the expertise of health care professionals from diverse fields who work collaboratively toward the individual goals of each Veteran.

Biofeedback Therapist
 Clinical Director
 Cognitive-Behavioural Therapist
 Kinesiologist
 Massage Therapist
 Occupational Therapist
 Office Coordinator

Pharmacist
 Psychiatric Consultant
 Physician Pain Specialist
 Physiotherapist/Chiropractor
 Rehabilitation Psychologist
 Research Associate

Function and Pain Program Locations:



Toronto

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600 University Avenue
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Phone: 416-586-4800 x 5473
Fax: 416-586-4658



Vaughan

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